

January 2018

	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
	Closed	Cereal Cheerios Kix Crispix	Recycle Day Bagels Cream Cheese	Pancakes Maple Syrup	Yogurt Honey Granola
		Milk	Milk	Milk	Milk
Lunch	Closed	Butternut Squash Soup Grilled Sandwiches	Chicken Teriyaki Brown Rice Green Beans	Cheese Quesadillas Refried Beans Sliced Cucumbers Salsa	Turkey Meatloaf Mashed Potato Peas
		Milk	Milk	Milk	Milk
Snack	Closed	Oatmeal Cookies	Banana, Peach, Spinach Smoothies Whole Wheat Pretzels	Trail Mix	Clementines Wheat Thins
		Milk	Water	Milk	Water

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	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Breakfast	Cereal Cheerios Kix Crispix	Fruit & Honey Oatmeal Bars	Oatmeal Raisins & Brown Sugar	Cheesy Spinach Eggs Muffins Buttered Toast	French Toast Maple Syrup
	Milk	Milk	Milk	Milk	Milk
Lunch	Penne Pasta Marinara Sauce Mozzarella Cheese Broccoli	Beef Tacos Shredded Lettuce Diced Tomato Diced Cucumber	Greek Salad Feta Cheese, Eggs, Lettuce, Tomato, Cucumbers, Olives, Garbanzo Beans Bread & Butter	Fish Sticks Brown Rice Green Beans Ketchup Tartar Sauce	Lentil Soup Grilled Sandwiches
	Milk	Milk	Milk	Milk	Milk
Snack	Guacamole Pita Chips	Apples String Cheese	Banana Bread	Sliced Cucumbers Ranch Dip Wheat Thins	Pears
Fit	Water	Water	Milk	Water	Milk

Fruit: Bananas, Apples, Pears, Clementine, Honeydew Melon, Grapes, Oranges, Cantaloupe

Vegetarian Substitute: Morning Star Vegan Patties, Cheese, Gardin Meatless Meatballs, Veggieland "Chicken" Nuggets