

Monday January 13, 2024	Breakfast   Assorted cereal (Kix, Cheerios, Crispix) served with fresh fruit and 1% milk  Lunch   Homemade mac & cheese served with a vegetable medley, fresh fruit, and 1% milk  Snack   Applesauce and pretzels
Tuesday January 14, 2024	Breakfast   Scrambled eggs served with buttered toast, fresh fruit, and 1% milk  Lunch   Broccoli cheddar soup served with garlic bread, fresh fruit, and 1% milk  Snack   Rice cakes and sun butter
Wednesday January 15, 2025	Breakfast   Strawberry oatmeal served with fresh fruit and 1% milk  Lunch   Honey garlic chicken thighs served with mashed potatoes, green beans, fresh fruit, and 1% milk  Snack   Guacamole and chips
Thursday January 16, 2025	Breakfast   Apple cider pancakes served with maple syrup, fresh fruit, and 1% milk  Lunch   Pasta with an alfredo sauce made with cherry tomatoes and spinach, served with fresh fruit and 1% milk  Snack   Cucumber slices with a creamy feta dip
Friday January 17, 2025	Breakfast   Organic yogurt served with crunchy granola, fresh fruit, and 1% milk  Lunch   Herbed turkey served with pita bread, a cucumber salad, fresh fruit, and 1% milk  Snack   Carrots and homemade hummus

**Seasonal Fruit:** Bananas, honeydew melon, cantaloupe, apples, pears, strawberries, grapes, clementines, pineapple, peaches, nectarines, plums, oranges, watermelon, kiwi **Vegetarian Substitutes:** Morningstar Veggie patties, Cheese, Gardein Meatless Meatballs & Veggieland

Nuggets



Monday January 20, 2025	CLOSED
Tuesday January 21, 2025	Breakfast   Assorted cereal (Kix, Cheerios, Crispix) served with applesauce and 1% milk  Lunch   Taco Tuesday! Build-your-own with ground beef, tortillas, cheese, lettuce, and diced tomatoes, served with fresh fruit and 1% milk  Snack   Crackers and sun butter
Wednesday January 22, 2025	Breakfast   Homemade apple cinnamon muffins served with fresh fruit and 1% milk  Lunch   Pesto pasta made with spinach, served with parmesan, fresh fruit, and 1% milk  Snack   Cinnamon pretzels and cream cheese dip
Thursday January 23, 2025	Breakfast   French toast served with maple syrup, fresh fruit, and 1% milk  Lunch   Chicken tikka masala served with rice, garlic naan, fresh fruit, and 1% milk  Snack   Triscuits and applesauce
Friday January 24, 2025	Breakfast   Scrambled eggs served with buttered toast, fresh fruit, and 1% milk  Lunch   Roasted salmon served with asparagus, brown rice, fresh fruit, and 1% milk  Snack   Pico de Gallo and tortilla chips

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**Vegetarian Substitutes**: Morningstar Veggie patties, cheese, Gardein Meatless Meatballs & Veggieland Nuggets