

Monday January 27, 2024	Breakfast Warm apple cinnamon oatmeal served with fresh fruit and 1% milk Lunch Penne pasta served with a homemade Bolognese, balsamic broccoli, fresh fruit, and 1% milk Snack Applesauce and crackers
Tuesday January 28, 2024	Breakfast French toast with real maple syrup, served with fresh fruit and 1% milk Lunch Romesco chicken served with wild rice, glazed carrots, fresh fruit, and 1% milk Snack Cinnamon pretzels and cream cheese dip
Wednesday January 29, 2025	Breakfast Organic yogurt and crunchy granola, served with fresh fruit and 1% milk Lunch Lemon couscous served with ground chicken, roasted broccoli, fresh fruit, and 1% milk Snack Homemade blueberry muffins and 1% milk
Thursday January 30, 2025	Breakfast Warm croissants served with fresh fruit and 1% milk Lunch Cheese tortellini with a homemade alfredo, served with green beans, fresh fruit, and 1% milk Snack Carrot sticks and ranch dip
Friday January 31, 2025	Breakfast Cheesy scrambled eggs served with buttered toast, fresh fruit, and 1% milk Lunch Grilled cheese sandwiches served with a creamy tomato soup, fresh fruit, and 1% milk Snack Bell pepper slices with a creamy feta dip

Seasonal Fruit: Bananas, honeydew melon, cantaloupe, apples, pears, strawberries, grapes, clementines, pineapple, peaches, nectarines, plums, oranges, watermelon, kiwi

Vegetarian Substitutes: Morningstar Veggie patties, Cheese, Gardein Meatless Meatballs & Veggieland Nuggets



Monday February 3, 2025	Breakfast Assorted cereal (Kix, Cheerios, Crispix) served with fresh fruit and 1% milk Lunch Cheese quesadillas served with corn salad, sour cream, fresh fruit, and 1% milk Snack Carrot sticks and hummus
Tuesday February 4, 2025	Breakfast Organic yogurt and crunchy granola served with fresh fruit and 1% milk Lunch Cheesy potato soup (made with onions, celery, and carrots) served with garlic bread, fresh fruit, and 1% milk Snack Chocolate Boat Cake and 1% milk
Wednesday February 5, 2025	Breakfast Bagels and cream cheese, served with fresh fruit and 1% milk Lunch Ground turkey served with wild rice, roasted cauliflower, fresh fruit, and 1% milk Snack Cucumber sticks and tzatziki dip
Thursday February 6, 2025	Breakfast Cheesy scrambled eggs served with buttered toast, fresh fruit, and 1% milk Lunch Sesame chicken served with a stir fried vegetable medley, fried rice, fresh fruit, and 1% milk Snack Sun butter and graham crackers
Friday February 7, 2025	Breakfast Blueberry pancakes served with real maple syrup, fresh fruit, and 1% milk Lunch Quinoa served with roasted, seasoned chickpeas, broccoli, fresh fruit, and 1% milk Snack Wheat Thins and strawberry jam
	honovdovy molon, gentalovno, applica neava stravyhorrica granca glamentinas

Seasonal Fruit: bananas, honeydew melon, cantaloupe, apples, pears, strawberries, grapes, clementines, pineapple, peaches, nectarines, plums, oranges, watermelon, kiwi **Vegetarian Substitutes:** Morningstar Veggie patties, cheese, Gardein Meatless Meatballs & Veggieland

Nuggets