



# LEILA DAY MENU

<b>Monday</b> October 14, 2024	<b>CLOSED</b>
<b>Tuesday</b> October 15, 2024	<b>Breakfast</b>   Scrambled eggs served with buttered toast, fresh fruit, and 1% milk <b>Lunch</b>   Pasta with a homemade Bolognese, served with shredded parmesan, roasted cauliflower, fresh fruit, and 1% milk <b>Snack</b>   Cucumber sticks and pita bread slices
<b>Wednesday</b> October 16, 2024	<b>Breakfast</b>   Whole wheat toasted English muffins served warm with butter and strawberry jam, fresh fruit, and 1% milk <b>Lunch</b>   Butternut squash mac & cheese served with garlic green beans, fresh fruit, and 1% milk <b>Snack</b>   Homemade carrot cake and 1% milk
<b>Thursday</b> October 17, 2024	<b>Breakfast</b>   Warm croissants served with applesauce and 1% milk <b>Lunch</b>   Chicken meatballs served with a creamy homemade gravy, brown rice, roasted green beans, fresh fruit, and 1% milk <b>Snack</b>   Mozzarella sticks and pretzels
<b>Friday</b> October 18, 2024	<b>Breakfast</b>   Oatmeal served with raisins, fresh fruit, and 1% milk <b>Lunch</b>   Mini cheeseburgers on slider buns, served with lettuce, tomato, pickles, ketchup, fresh fruit, and 1% milk <b>Snack</b>   Baby carrots and a homemade sun butter dip

**Seasonal Fruit:** Bananas, honeydew melon, cantaloupe, apples, pears, strawberries, grapes, clementines, pineapple, peaches, nectarines, plums, oranges, watermelon, kiwi

**Vegetarian Substitutes:** Morningstar Veggie patties, Cheese, Gardein Meatless Meatballs & Veggieland Nuggets



# LEILA DAY MENU

<p><b>Monday</b> October 21, 2024</p>	<p><b>Breakfast</b>   Scrambled eggs served with buttered toast, fresh fruit, and 1% milk</p> <p><b>Lunch</b>   Burrito bowls with ground beef, black beans, brown rice with lime, tomato, lettuce, cheddar, and sour cream, served with fresh fruit and 1% milk</p> <p><b>Snack</b>   Brownies with 1% milk</p>
<p><b>Tuesday</b> October 22, 2024</p>	<p><b>Breakfast</b>   Cheesy home fries served with fresh fruit and 1% milk</p> <p><b>Lunch</b>   Vegetable chili made with peppers, squash, chickpeas, and beans, served with cornbread, green beans, fresh fruit, and 1% milk</p> <p><b>Snack</b>   Mixed fresh fruit and pretzels</p>
<p><b>Wednesday</b> October 23, 2024</p>	<p><b>Breakfast</b>   Apple cider pancakes served with maple syrup, fresh fruit, and 1% milk</p> <p><b>Lunch</b>   Chicken teriyaki served with a carrot and broccoli medley, brown rice, fresh fruit, and 1% milk</p> <p><b>Snack</b>   Colorful pepper slices and hummus</p>
<p><b>Thursday</b> October 24, 2024</p>	<p><b>Breakfast</b>   Granola served with berries and 1% milk</p> <p><b>Lunch</b>   Italian Wedding veggie soup made with carrots, celery, spinach, and couscous, served with baguettes, fresh fruit, and 1% milk</p> <p><b>Snack</b>   Guacamole and homemade tortilla chips</p>
<p><b>Friday</b> October 25, 2024</p>	<p><b>Breakfast</b>   Blueberry muffins served with fresh fruit and 1% milk</p> <p><b>Lunch</b>   Grilled cheese sandwiches on multigrain bread with cheddar and provolone, served with a homemade creamy tomato soup, fresh fruit, and 1% milk</p> <p><b>Snack</b>   Oatmeal chocolate chip cookies and 1% milk</p>

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**Vegetarian Substitutes:** Morningstar Veggie patties, cheese, Gardein Meatless Meatballs & Veggieland Nuggets